



# SRI SHARADA COLLEGE

Managed by Sri Sharada College Trust, Basrur

Reaccredited by NAAC: B++ and Affiliated to Mangalore University

Basrur – 576 211, Udupi District, Karnataka

---

## 7.2.1 - Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

The institution has many best practices in tune with its vision and mission. The two best practices are Summer Camp and Free Mid-day Meal.

### 1. Title of the practice: Free Summer Camp

#### 1. Objectives

- To identify the native talents in the field of Games and Sports.
- To provide required training and coaching by the experts in the field.
- To encourage and motivate them to pursue Games/ Sports as a career option.
- To make younger generation in and around Basrur village to be acquainted with the sports facilities available in our institution.

#### 2. Context

In our survey of the neighboring High schools and Pre-University colleges, we found that the students of those institutions are having strong orientation towards sports and games. But they lag behind in showing good performance in inter-school/inter-college sports tournaments. That is partly due to the lack of infrastructural facilities and non-availability of expert coach in their respective fields. Ours being one of the reputed institutions of Mangalore University for its achievements in the fields of Volley Ball, Wrestling, Kabaddi, Ball Badminton and chess, prepared a plan for organizing summer coaching camps in those fields for the benefit of the students of those institutions. The Plan is in operation since six academic years.

#### 3. Practice

First we made an appeal to Mangalore University for financial assistance. The University has agreed to bear the expenditure required to pay the remuneration to be paid for the coach and assistant coach at the initial stage. Now no financial assistance from Mangalore University. The alumni association of the college agreed to bear the expenditure incurred for food and training facilities.

- **Coordinator** – Sri Suraj Kumar Shetty , M. Phed, Physical Education Director.
- **Volley Ball** – Vikyath, Physical Education Director
- **Chess** – Sri. Naresh B, Kashvi Chess School, Kundapura.
- **Wrestling** – Sri Avinash, Student, Sri Sharada College, Basrur.
- **Kabaddi (Men)-** – Sri Vijeth, old Student, Sri Sharada College, Basrur

#### **4. Evidence of Success**

32 students attended the summer camp. Evidence of success of the practice includes better results in the sports and games, improved attendance, increased participation in co-curricular and extracurricular activities, better discipline on campus and respectful relationship between teachers and students. The students are more relaxed and have a healthy relationship with the staffs.

#### **5. Problems Encountered and Resources Required**

This practice requires committed trainers who have the desire to help students beyond teaching hours. There are no limitations or constraints faced during the implementation of the programme.

## **2. Title of the Practice: Free Mid-day Meal Scheme**

### **1. Objectives of the Practice**

The Mid-day Meal Scheme represents a significant initiative undertaken by the College, designed to provide complimentary midday meals to economically disadvantaged and deserving students residing in rural areas.

The primary objectives of this scheme are as follows: -

- To deliver free midday meals based on a merit-cum-poverty assessment.
- To ensure that all eligible students receive complimentary meals on every working day.
- To prevent students from experiencing hunger during the midday hours while at the College.
- To assist students who travel from remote regions in rural locations.
- This program is thoughtfully crafted to support students in need and to promote their overall well-being throughout the academic day.

### **2. The Context**

Many students at our institution come from economically disadvantaged backgrounds, which creates significant challenges for them. Most of their parents work as daily wage earners, struggling to make ends meet. Some students travel from remote areas with limited bus services, making their daily commute even more difficult. Due to their financial situations, students often find it hard to bring lunch boxes to college, and this hardship affects their ability to focus and thrive academically. Several of our male students leave home early to take on part-time jobs, such as catering service, painting, stationery shops, hospitals, adding to their burdens and making it nearly impossible to bring a meal from home. In light of these challenges, we are grateful for the generosity of our donors who contribute to providing mid-day meals. Many of our former students, who have gone on to achieve success in their careers, choose to give back to support this important initiative. With their help, we are proud to offer free mid-day meals to our deserving students who excel academically while facing economic hardships. Together, we hope to create a supportive environment where every student can thrive.

### **3. Practice**

- The institution is situated in a rural area, with the majority of students hailing from remote locations. These students often experience significant economic and financial hardships. It is common for many to attend classes with insufficient nourishment or even on an empty stomach, which adversely affects their concentration and attentiveness during lessons. Some students arrive at college without having eaten breakfast due to their parents' health conditions, which prevent them from preparing meals in the early morning hours. In response to this pressing issue, the College Administrative Committee has launched a Midday Meal Scheme.
- The institution has committed to establishing a corpus fund designated to provide free midday meals to students from economically disadvantaged backgrounds.

- Applications are being solicited from eligible students, and these submissions will be evaluated by the Free Midday Meal Scheme Committee.
- Committee will review all applications and compile a list of students deemed deserving based on established criteria. This list of selected students who will receive free midday meals will be published on the notice board.
- The college has successfully implemented the Midday Meal Programme for several years, benefiting numerous students each year.

#### **4. Evidence of Success**

- The effectiveness of the Free Mid-day Meal Scheme is demonstrated by the notable interest and enthusiasm exhibited by students wishing to participate.
- The number of applications submitted for free midday meals has been increasing consistently each year.
- The academic performance of students benefiting from the midday meals has shown significant improvement.
- It is important to note that the mid-day meal scheme is not funded by the government; rather, it relies on donations.
- The contributions made by alumni have proven to be vital to the success of this initiative.
- The Free Mid-day Meal Scheme introduced in the College has successfully attracted public interest.
- Management, alumni, staff, parents, and benefactors generously contribute to this commendable initiative.
- The Institution perceives this as a valuable opportunity to serve the community by addressing the nutritional needs of underprivileged students.

#### **5. Problems Encountered and Resource Required**

In recent years, there has been a noticeable increase in the number of students applying for free midday meals. Funding for the Free Midday Meal programme must be secured from donors annually. It is essential for the institution to identify and engage new donors who are willing to contribute to this initiative. Due to a shortage of financial resources, the availability of free midday meals has been restricted to a limited number of students. To achieve the full potential of this program, increased funding is imperative. Nevertheless, challenges exist in locating additional donors. Ultimately, the limited availability of resources constitutes the principal constraint on the success of the Free Midday Meal programme.



*cluttij.*  
PRINCIPAL  
SRI SHARADA COLLEGE  
BASRUR 576 211